

Chrysalis Women's Transitional Living, Inc.

PROGRAM DESCRIPTION AND POLICIES

The Chrysalis Transitional Recovery Program is a 1 year to 18 month program, designed to assist women in living successful, independent lives. The classes, group interaction, case management plan and accountability requirements are designed to help women find a relationship with God, themselves, and others. Our goal is to provide a safe, loving Christian environment where women can learn to live free of destructive habits, behaviors and relationships while becoming self-supportive. Residents will receive a certificate of completion when they have completed their case management plan. There is a program fee of \$350.00 a month. At this time we cannot house children but we are able to accept women who are expecting. Donated clothing, hygiene items and groceries are available.

- All residents are expected to be employed, at a minimum of 30 hours a week, within 4 weeks of entrance into the program.
- The \$350.00 program fee will begin the first day a resident enters the program. A payment schedule will be set up with the Director as to when the Program-fee payments are due and what the amount due will be. If at any time a resident is without employment while on the transitional program they must find employment within 2 weeks or they could be dismissed. A payment will be due by the sixth week. (\$175.00 every two weeks). Residents that do not pay their program fee on time could be placed on 7:00 curfew until their fees are paid, per case management. **Residents will not be allowed to work a swing or night shift.**
- Residents will be tested for drugs or alcohol randomly while in the transitional program.
- All residents are required to attend a church service of their choice each week and turn in a bulletin and sermon notes.
- When a resident leaves the program they must take their belongings with them. Any personal property left behind must be picked up within 7 days from the time left or it will be recycled or disposed of.
- Residents, who leave the program, cannot come back for one month from the day left. Re-admittance will depend on past performance.
- Residents can be dismissed from the program for, being continuously uncooperative, physical fighting, breaking curfew. Automatic dismissal for positive drug or alcohol test, non-compliance, smoking in the building, staying out all night, and having a weapon in the house or on the property.
- All prescribed medications by a doctor must be reported to the Director. Residents are responsible for the safekeeping of their prescribed medications and must not give any of their medications to another resident. **No narcotic drugs are allowed.**
- Residents will be responsible for their visiting children at all times. Residents are responsible to assist their children in understanding and obeying the rules and policies of the house.
- Residents will have a case management plan and will be expected to follow the goals and conditions therewith.
- Mandatory classes and/or group and program meetings are on Sunday and Wednesday nights. Classes are designed to assist women to gain and keep employment, manage a household, and to have healthy relationships with God, self and others.
- A copy of the house rules will be given to each resident. Those residents who do not follow the house rules and procedures will be fined \$10.00 for each infraction. Residents who are having a difficult time fulfilling their responsibilities in the program or are not doing well with personal boundaries will be kept on, or put back on 7:00 curfew. If the resident is continually uncooperative they will be dismissed from the program.
- Residents will be required to take a budgeting class and budget all earning in accordance with their case management plan. Bills, program-fee, child support payments, car insurance, etc. will be included in their budget.

- The curfew time is 7 o'clock for the first three months. During this time approved escorts may accompany the resident to groups or classes with approval. (Other exceptions are considered.) There will be requirements that must be completed before the 7:00 curfew is lifted. All residents have mandatory Life Skill and Bible classes on Sunday and Wednesday nights. After three months the curfew will be 9:00 weeknights and 10:30 weekends unless a special pass is granted. **(May not leave the property before 5:30 a.m. without approval.)**
- All residents that will be driving or own a car will have proof of car insurance and a license to drive. A copy of both will be turned into the Director before a car is permitted.

Dear Applicant,

Chrysalis is a place where women can begin again. We are glad that you are at a time in your life when you see change as a positive decision.

Please review these program policies carefully. If you choose to apply to our program, call and schedule an interview upon your release or have the pre-release worker, case manager, probation officer, or attorney contact us for an interview in person or by phone. If you want to apply fill out this pre-application with your release worker and fax it to 424-1303 or mail it to P.O. Box 7494 Boise, Idaho 83707. Residency in Chrysalis will be dependent upon the interview and space availability. Contact: Marsha Tennyson- phone 283-1890

It is your responsibility to communicate with us, to let us know when you're out date is, and to make sure that you have interviewed in order to have a bed held. We do not hold beds for more than one month, but you will be kept on the waiting list.

Pre-Application for Chrysalis Transitional Recovery Program

I have read and understand the Program Description and Policies of the Chrysalis Transitional Recovery Program.

I _____ agree to abide by the rules and policies and will do my best to treat the staff and others with respect.

Case Manager, Pre-release Worker: _____ Today's Date: _____

Applicants Name: _____ Age: _____
 (Last) (First) (Middle) I DOC# _____

Are you currently incarcerated? _____ Location: _____

(This line must be filled out) TENTATIVE RELEASE DATE _____

Church Affiliation _____

What is your drug of choice? _____ Date of last use: _____

Parole Officer's Name _____ Phone: _____

Have you ever been hospitalized for mental/emotional problems? No: _____ Yes: _____

If yes, when? _____ Where? _____

Rx Psychiatric Medications: _____

Are you now pregnant? _____ If yes what month: _____ Have you received prenatal care? _____

If you are currently incarcerated please explain why. _____

What are your feelings about being convicted and incarcerated for your crimes? _____

Why did you choose to apply to the Chrysalis Program? _____

What does it mean to you to **change your life**? _____